

# LULA COCINA MEXICANA

## SIT DOWN MENU NUMBER ONE

### APPETIZERS

#### CHICKEN TAQUITOS

Spiced Chicken with Onions & Garlic in a Creamy Chipotle Sauce

### SALAD COURSE

#### TIJUANA CAESAR SALAD

Topped with Crispy Tortilla Strips

### ENTRÉES (Choice of One)

#### CHEESE ENCHILADAS

Choice of Red Mole Coloradito or Tomatillo Sauce with Rice & Beans

#### CHICKEN TOSTADA

Shredded Lettuce, Beans, Salsa Mexicana, Avocado and Grilled Chicken

#### BURRITO

Choice of Chicken, Carnitas, Beef or Shrimp with Rice & Beans

#### TACOS

Choice of Carnitas, Beef, Chicken or Shrimp with Rice & Beans

### DESSERT

#### VANILLA FLAN

Rich Dense Mexican Custard with Whipped Cream & Caramel



# LULA COCINA MEXICANA

## SIT DOWN MENU NUMBER TWO

### APPETIZERS (Choice of One)

#### QUESADILLA el NORTE

Flour Tortilla with Jack Cheese, Poblano Chile, & Crema Mexicana

#### CHICKEN TAQUITOS

Spiced Chicken with Onions & Garlic in a Creamy Chipotle Sauce

### FIRST COURSE (Choice of One)

#### TIJUANA CAESAR SALAD

Topped with Crispy Tortilla Strips

#### SOPA DE TORTILLA

Classic Mexican Soup with Avocado, Crispy Tortillas,  
Cheese & Crema Mexicana

### ENTRÉE (Choice of One)

#### CHICKEN OR CHEESE ENCHILADAS

With a Choice of Red Mole Coloradito or Pocatello Sauce, Rice & Beans

#### CHICKEN OR TUNA TOSTADA

With Shredded Lettuce, Black Beans, Salsa Mexicana & Avocado

#### TACOS

Choice of Carnitas, Beef, Chicken or Shrimp with Rice & Beans

#### SALMON EN ADOBADO

With a light Red Chile Rub, baked in a Corn Husk with Rice & Beans

### DESSERT

#### PASTEL de TRES LECHEs

Traditional Mexican Three-Milk Cake



# LULA COCINA MEXICANA

## SIT DOWN MENU NUMBER THREE

### APPETIZERS (Choice of One)

#### NORTHERN STYLE QUESADILLAS

Flour Tortilla with Jack Cheese, Poblano Chile & Crema Mexicana

#### TLACOYOS WITH AVOCADO SAUCE

Black Bean Masa Boats stuffed with Lima Bean Purée  
Topped with Radishes and Queso Fresco

### FIRST COURSE (Choice of One)

#### TIJUANA CAESAR SALAD

Topped with Crispy Tortilla Strips

#### SOPA DE TORTILLA

Classic Mexican Soup with Avocado, Crispy Tortillas,  
Cheese & Crema Mexicana

### ENTRÉES (Choice of One)

#### PLATO DE CARNITAS

Shredded Roast Pork with a Cheese stuffed Anaheim Chile with Corn or  
Flour Tortillas, Salsa Verde Cruda, Crema Mexicana, Rice & Beans

#### CHILE RELLENOS IN ROASTED TOMATO SAUCE

Two Poblano Chilies: One stuffed with Jack Cheese, the other  
with savory Ground Beef, served with Rice and Black Beans

#### CARNE ASADA TAMPIQUENA

Grilled Marinated Beef served with Poblano Rajas, Enchilada Verde,  
Avocado, Rice, Black Beans and Corn Tortillas

#### TUNA TOSTADA

Fresh Grilled Albacore, Beans, Shredded Lettuce,  
Salsa Mexicana & Avocado

### DESSERT

#### FLANTASIA

Three mini Flans: Vanilla, Chocolate Orange & Espresso



# LULA COCINA MEXICANA

## SIT DOWN MENU NUMBER FOUR

### PASSED APPETIZERS

#### DUCK SOPES

Corn Masa with Duck Carnitas, Black Beans, Cotija Cheese, Tomatillo Sauce

#### CHICKEN TAQUITOS

Spiced Chicken with Onions & Garlic in a Creamy Chipotle Sauce

#### BLACK BEAN TOSTADITOS

Black Bean Paste topped with Chipotle Purée & Cotija Cheese

### SALAD COURSE

#### TIJUANA CAESAR SALAD

Topped with Crispy Tortilla Strips

### FIRST COURSE (Choice of One)

#### CHICKEN TAQUITOS

Spiced Chicken with Onions & Garlic in a Creamy Chipotle Sauce

#### CREPA DE CAMARONES

Blue Corn Griddle Cakes with Rock Shrimp in Chipotle Garlic Butter

### ENTRÉE (Choice of One)

All Served with Rice and Beans

#### PECHUGA DE POLLO

Chicken Breast Stuffed with Goat Cheese topped with Jalapeño Jelly Glaze

#### CHICKEN, CHEESE AND DUCK ENCHILADAS Trio

One each Enchilada in Tomatillo Sauce and Red Mole Coloradito

#### CARNE ASADA A LA TAMPIQUENA

Marinated Grilled Beef with Enchilada Verde, Poblano Chile Rajas  
Corn Tortillas and Avocado

### DESSERT

#### LULA DESSERT SAMPLER

Combination Bite sized Espresso Brownie, Vanilla Flan and Mocha Flan with Whipped Cream and Fresh Strawberries



# LULA COCINA MEXICANA

## SIT DOWN MENU NUMBER FIVE

### PASSED APPETIZERS

#### LOBSTER TAQUITOS

Spiced Lobster with Onions & Garlic and a Creamy Chipotle Sauce

#### SQUASH BLOSSOMS with Roasted Tomato Sauce (Seasonal)

Zucchini Flowers stuffed with Gorgonzola & Fontina Cheese in a Corn Crust

#### DUCK SOPEs

Mini Fresh Corn Masa Cakes topped with Shredded Duck,  
Tomatillo Chipotle Sauce, Cheese and Crema

### FIRST COURSE (Choice of One)

#### TIJUANA CAESAR SALAD

Topped with Crispy Tortilla Strips

#### SOPA DE TORTILLA

Classic Mexican Soup with Avocado, Crispy Tortillas,  
Cheese & Crema Mexicana

### ENTRÉE (Choice of One)

#### ENCHILADAS SUIZAS

Chicken Enchiladas with a Creamy Tomatillo Sauce  
topped with Jack Cheese, served with Rice & Beans

#### MOLE NEGRO OAXAQUENO

Half Chicken in a highly complex Mole made with  
Black Chiles & Chocolate. Served with Black Beans

#### RICARDO SAMPLER

Chicken Tamale, Chile Relleno, Cheese Enchilada, and a  
Potato & Chorizo Quesadilla, with Red Rice & Black Beans

#### JALAPEÑO BAKED SEABASS

Sea Bass Baked with Jalapeño, Roasted Tomato Purée,  
Grilled Green Beans, & Roasted Potatoes

### DESSERT

#### PASTEL DE CAMELA

Chocolate & Caramel Tart with Caramel Whipped Cream